

## Faculty of Theology



### THEO1190 Theology and Spirituality

[30h] 3 credits

This course is taught in the 2nd semester

**Teacher(s):** Benoît Lobet  
**Language:** French  
**Level:** First cycle

#### Aims

By the end of this course, the student should be able:

- to integrate the specific contribution of the various theological disciplines into Christian spirituality;
- to develop a reflection on the criteria of the Christian spiritual experiences and their various aspects.

#### Main themes

In order to achieve these goals, and taking into account the questions of the students, the course deals with the following aspects:

- a standard test of Christian spirituality and a theological reflection on the conceptions of human life and the Christian existence which it induces;
- a study of the journey and the texts of some great names of Christian spirituality including a critical reflection on the spiritual incidence of one or another theological discipline;
- an initiation to the principal working tools and major sources.

#### Content and teaching methods

Introduction to the theological study of christian spiritual experiences starting from selected exemples.

**Other information (prerequisite, evaluation (assessment methods), course materials recommended readings, ...)**

without object

#### Other credits in programs

<b>THEO11BA</b>	Première année de bachelier en théologie	(3 credits)	Mandatory
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