



SEX2250 Psychological aspects of human reproduction

[15h] 2 credits

**Teacher(s):** Christine Reynaert

Language: French
Level: Second cycle

#### Aims

Introduction to the systemic family therapy.

At the end of the course the students

- should get acquainted with the systemic perspective of the transmissions and repetitions inside the families
- will be able to stand back critically but positively from the various psychotherapeutic models.

#### Main themes

- Summary of the basic concepts : communication theories and general theory of the systems
- Familial fates and myths, dividing up the roles and powers
- Systemic reading of some psychiatric and medical ailments (asthma, anorexia nervosa# ) evidencing the psychological and relational implications
- Reflection on the relations between autonomy and belongingness, freedom and determinism in the frame of a therapeutic relation

## Content and teaching methods

- Summary of the thought of the authors concerned
- Illustration from many clinical cases and practical situations (brought by the teacher and if possible by the students)
- Use of the genogram as a tool of consciousness of the secrets, of the chronological correlations and of the happy or unhappy repetitions in the families

# Other information (prerequisite, evaluation (assessment methods), course materials recommended readings, ...)

To be inquisitive and open-minded towards the various constructions of the reality Oral examination

Transparents but most of all oral interaction

### Other credits in programs

SEX21 Première licence en sciences de la famille et de la sexualité (2 credits)
SEX22 Deuxième licence en sciences de la famille et de la sexualité (2 credits)