

EDPH2241 Acrobatics

[0h+30h exercises] 1.5 credits

Teacher(s): Dominique De Jaeger

Language: French
Level: Second cycle

Aims

- To be able to cooperate with one or more partners to create and carry out static and dynamic lifting figures - To be able to use various elastic surfaces to create, maintain, modify and stop the rotation of the body around its various axes in air situation.

Main themes

- Acrobatics with partners: Basic, static techniques and dynamic Principles of placement and safety - lifting Disciplines on elastic surfaces: large trampoline, assemblies with the minitrampoline, tumbling

Other information (prerequisite, evaluation (assessment methods), course materials recommended readings, ...)

Pre-necessary: EP11, 12, 21. Continuous evaluation and of synthesis combined. Framing: holder and technical adviser or assistant specialized

Other credits in programs

EDPH22 Deuxième licence en éducation physique (1.5 credits)