

Faculty of Psychology and Education Sciences



PSY1336

Clinical intervention, health and trauma

[30h] 4 credits

This course is taught in the 2nd semester

Teacher(s): Eric Baruffol, Philippe Godin, Guy Lories, Olivier Luminet (coord.)
Language: French
Level: First cycle

Aims

The aim of the course is to familiarise the students with the basic notions in health psychology in a wide sense, thus including clinical psychology and psychopathology, and to show them how these concepts are used in the analysis of clinical situations.

Main themes

The course is organised according to the "bio-psycho-social model". The major principles of the following topics will be presented:

- a) "the antecedents": stress-trauma-emotions; personality-temperament; biological-genetic basis; psychosocial-demographic factors
- b) "the mediators, moderators": social support; coping strategies; perception of the emotional situation
- c) "the issues, criterions, results": mental, physical, social health; quality of life; subjective well-being
- d) "the prevention, intervention, remediation": social vocational support; evaluation of the interventions

The concepts are introduced with many examples and "clinical" situations. They open the way to the themes more particularly tackled in the courses "Clinical interventions 1 and 2". Some clinicians-researchers are invited so that the course will be close to the considered professional fields.

Other credits in programs

PSP13BA/P	Troisième année de bachelier en sciences psychologiques et de l'éducation (majeure en sciences psychologiques)	(4 credits)
PSP1PM	Année d'études préparatoires au master en sciences psychologiques	(4 credits)
SEX1PM	Année d'études préparatoires au master en sciences de la famille et de la sexualité	(4 credits)