

Faculty of Medicine



INTR2430 Nutrition humaine

[15h] 2 credits

Teacher(s): Jean-Paul Thissen
Language: French
Level: Second cycle

Aims

To describe the role of nutrition in the development and the prevention of the main diseases.

Main themes

- Dietary guidelines and most common dietary mistakes
- Obesity
- Diabetes mellitus
- Atherosclerosis
- Arterial hypertension
- Cancer
- Osteoporosis
- Pregnancy
- Aging
- Developing countries

Content and teaching methods

Oral teaching with practical examples

Other information (prerequisite, evaluation (assessment methods), course materials recommended readings, ...)

Oral examination with written preparation

Other credits in programs

MED23	Troisième année du programme conduisant au grade de docteur (2 credits) en médecine	
NUT21	Première licence en sciences biomédicales (nutrition humaine)	Mandatory
SCOM21	Première licence en sciences de la santé publique (Promotion de la santé, programmes et services de santé communautaire) (1 credits)	
SCOM22	Deuxième licence en sciences de la santé publique (Promotion de la santé, programmes et services de santé communautaire) (1 credits)	