

Faculty of Medicine



IEPR1027 Adapted physical activity

[15h+30h exercises] 3 credits

Teacher(s): Daniel Theisen
Language: French
Level: First cycle

Aims

At the end of the course the successful student will possess the theoretical knowledge and the practical competence to organise and supervise adapted physical activities to persons with physical, sensory or intellectual disabilities. He/she will be able to define pertinent objectives depending on the functional capacities of these target populations. He/she will dispose of a large range of adapted physical activities on which to found his/her intervention.

Main themes

Concepts of adapted physical activity (therapy, special physical education, adapted sports) and specific aims, national and international organisations, the paralympic movement, the medical and functional classification systems, special aids and adaptations in adapted sports, paralympic sports and other adapted physical activities.

Practice:

- Wheelchair handling
- Sports for persons with physical disabilities (wheelchair sports)
- Sports for persons with sensory disabilities (blind and bad-sighted)
- Sports for persons with intellectual disabilities

Content and teaching methods

Will be completed by the titular professor when the courses will be attributed

Other information (prerequisite, evaluation (assessment methods), course materials recommended readings, ...)

Pre-requisite Psychomotor skills

Evaluation Written or oral examination, continuous evaluation, personal work

Support Reference books & course slides

Supervision Titular professor, technical advisors and/or assistants, possibly aided by student assistants

Others

Other credits in programs

EDPH22	Deuxième licence en éducation physique	(3 credits)	Mandatory
IEPR3DS/TM	Diplôme d'études spécialisées en sciences de la motricité (Thérapie manuelle)	(3 credits)	
KINE13BA	Troisième année de bachelier en kinésithérapie et réadaptation	(3 credits)	
KINE1PM	Année d'études préparatoires au master en kinésithérapie et réadaptation (60) et au master en sciences de la motricité, orientation générale (120)	(3 credits)	Mandatory