

Faculty of Medicine



EDPH2

Licence en éducation physique (Diploma of the Second Cycle (Licence) in Physical Education)



Programme management

IEPR Institut d'éducation physique et réadaptation

Coordinator : Dominique De Jaeger

Contact person : Physical Education and Rehabilitation Institute, Secretary's office

Tel. 010474418

Admission conditions

The second cycle of university studies ("licence") in Physical Education is accessible to students who :

- hold the diploma of the first cycle of university studies ("candidat") in Physical Education ;
- hold the diploma of non-university higher education educator ("gradu  ") in Physical Education or in AESI in the subject, on condition they pass the admission exam. Depending on the student's application, a complementary study programme of 150 hours maximum may be added to the regular programme.

Programme content

EDPH21 First year of studies

A. Compulsory courses

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| <u>IEPR2101</u> | Biometrics and exercise physiology[60h] (5.5 credits) (in French) | Marc Francaux, Xavier Sturbois |
| <u>IEPR2150</u> | Questions of Religious sciences[15h] (1 credits) (in French) | Beno  t Bourgine |
| <u>EDPH2133</u> | Research methodology in movement sciences[22.5h+7.5h] (3 credits) (in French) | Dominique De Jaeger, Norman Heglund, Norman Heglund (suppl  e Dominique De Jaeger) |
| <u>EDPH2120</u> | Principles and theories of physical and sports activities[30h] (3 credits) (in French) | Ghislain Carlier (coord.), Jean-Pierre Renard |
| <u>EDPH2130</u> | Development and ageing : psychological and motor approach[45h] (4.5 credits) (in French) | C  cile Delens |
| <u>IEPR2170A</u> | Statistiques[30h+15h] (4 credits) (in French) | N. |
| <u>EDPH2134</u> | History of physical and sports activities[15h] (1.5 credits) (in French) | G  rard Der  ze |
| <u>EDPH2191</u> | Nutrition in physical and sports activities[15h] (1.5 credits) (in French) | Michel Hermans |
| <u>EDPH2176</u> | Disease prevention through physical and sports activities[15h] (1.5 credits) (in French) | Dominique Vanpee |
| <u>EDPH2108</u> | Seminar in motricity 1[0h+30h] (2 credits) (in French) | Marc Louis, Thierry Marique (coord.), Daniel Theisen |
| <u>EDPH2109</u> | Methodology of swimming[0h+37.5h] (2 credits) (in French) | Thierry Marique |
| <u>EDPH2114</u> | Methodology of athletics[0h+37.5h] (2 credits) (in French) | Val  rie Mees |
| <u>EDPH2111</u> | Methodology of team sports[7.5h+67.5h] (4.5 credits) (in French) | Philippe G  rard |
| <u>EDPH2141</u> | Methodology of gymnastics and acrobatics[0h+37.5h] (2 credits) (in French) | Ghislain Carlier (suppl  e Dominique De Jaeger), Dominique De Jaeger |
| <u>EDPH2181</u> | Motricity, health and security[0h+37.5h] (3.5 credits) (in French) | C  cile Delens |
| <u>EDPH2171</u> | Relaxation[0h+30h] (1.5 credits) (in French) | Philippe Antoine, Alain Moreaux |

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| <u>EDPH2172</u> | Combat sports and autodefense[7.5h+30h] (1.5 credits) (in French) | Etienne Fontenelle, Michel Jouniaux |
| <u>EDPH2173</u> | Methodology of danse[0h+37.5h] (2 credits) (in French) | Dominique De Jaeger, Cécile Delens, Cécile Delens (coord.), Cécile Delens (supplée Dominique De Jaeger) |
| <u>EDPH2112</u> | Intervention of physical education[60h] (3 credits) (in French) | Ghislain Carlier |

B. Options

The student will choose one of the two following 60 hour courses, according to choice:

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| <u>EDPH2161</u> | Psychomotricity[30h+30h] (8 credits) (in French) | Cécile Delens |
| <u>EDPH2165</u> | Socio-political and communicational dimensions of physical and sports activities[30h+30h] (8 credits) (in French) | Gérard Derèze, Marc Louis |

Students who prove they have sufficient interactive communication capacities in another language than French are dispensed from doing the language course.

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| <u>ANGL2451</u> | English: Interactive communication[30h] (2.5 credits) | Claudine Grommersch, Nathalie Heiderscheidt, Jean-Paul Nyssen |
| <u>NEER2451</u> | Communicative Dutch for Masters in Physiotherapy, Sports and Physical Training[30h] (2.5 credits) | Nadine Dermout |

EDPH22 Second year of studies**A. Compulsory courses**

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| <u>IEPR2140</u> | Ethics of sports and leisure activities[15h] (1.5 credits) (in French) | Olivier Depré |
| <u>EDPH2252</u> | Sports pathology[30h] (2.5 credits) (in French) | Xavier Sturbois |
| <u>EDPH2253</u> | Theory of sports training[60h] (4 credits) (in French) | Marc Francaux, Philippe Godin, Thierry Marique |
| <u>EDPH2277</u> | Learning and behaviour modification[45h] (3.5 credits) (in French) | Dominique De Jaeger, Jacques Van Rillaer, Jacques Van Rillaer (supplée Dominique De Jaeger) |
| <u>EDPH2330</u> | Group coaching and teaching team management[30h] (1.5 credits) (in French) | André Buron |
| <u>EDPH2209</u> | Seminars in motricity II[0h+30h] (1 credits) (in French) | Marc Louis, Thierry Marique (coord.), Daniel Theisen |
| <u>EDPH2263</u> | Rescue, reanimation and field emergencies[30h+30h] (4.5 credits) (in French) | Jean Bernard Gillet, Dominique Vanpee |
| <u>IEPR2161</u> | Sports and physical activities adapted for handicapped people[15h+45h] (2.5 credits) (in French) | Daniel Theisen |
| <u>EDPH2251</u> | Movement, health and wellbeing of the healthy individual[15h+30h] (2.5 credits) (in French) | Cécile Delens |

B. Options

The students will follow three of the five subjects listed below, during the second year of the programme :

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| <u>EDPH2231</u> | Training in athletics[0h+30h] (1.5 credits) (in French) | Valérie Mees |
| <u>EDPH2211</u> | Team sports : diversification[0h+30h] (1.5 credits) (in French) | Philippe Gérard (coord.), Bernard Lanotte |
| <u>EDPH2241</u> | Acrobatics[0h+30h] (1.5 credits) (in French) | Dominique De Jaeger |
| <u>EDPH2201</u> | Aquatics : diversification[0h+30h] (1.5 credits) (in French) | Thierry Marique |
| <u>EDPH2273</u> | Danse : diversification[7.5h+22.5h] (1.5 credits) (in French) | Dominique De Jaeger, Cécile Delens, Cécile Delens (coord.), Cécile Delens (supplée Dominique De Jaeger) |

The student will choose one of the two following blocks of courses of 105 hours (this choice is not linked to the one followed in EDPH21):

Block A

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| <u>KINE1002</u> | Handicaps and psychology[30h] (3 credits) (in French) | Anne De Volder |
| <u>IEPR2130C</u> | PATHOLOGIES SPECIALES (PARTIM: COMPORTEMENT ET NEURO)[45h] (2.5 credits) (in French) | N. |
| <u>KINE1004</u> | Introduction to Ergonomy[30h] (3 credits) (in French) | Bénédict Schepens |

Block B

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| <u>EDPH2222</u> | Common principles of physical and sports activity management[30h] (2.5 credits) (in French) | Marc Louis |
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| <u>EDPH2223</u> | Marketing strategies in physical and sports activities[30h+15h] (3.5 credits) (in French) | Yves Leroy, Marc Louis (coord.), Thierry Zintz |
| <u>EDPH2224</u> | Costs and control of physical activity management[30h] (2.5 credits) (in French) | Christophe Bouteiller, Marc Louis |

C. Thesis

The exam also includes the presentation of a thesis that the student will write under the supervision of a member of the teaching staff of UCL.

Positioning of the degree within the University cursus

This diploma entitles access to the 3rd study cycle (masters) in Physical Education.