

## Faculty of Psychology and Education Sciences



PSY2897

### Cognitive-behavioural clinical psychology

[30h] 3 credits

**Teacher(s):** Pierre Philippot, Nady Van Broeck  
**Language:** French  
**Level:** Second cycle

#### Aims

- to familiarize the students with the variety of approaches in clinical psychology and to provide the bases to analyse the clinical situations according to the three major conceptual systems and to the current research data.
- to develop the psychoanalytical approach, the systemic approach and the behavioural approach

#### Main themes

The course include three equivalent parts (3x30h) with the same structure:

- epistemological and theoretical presuppositions of the orientation
- description of the field of health and mental illness and catagorisation of the disorders
- etiological models and morbid processes implied in the various categories of disorders
- modes of intervention according to the morbid categories
- criteria for the evaluation of the clinical intervention and related research

#### Content and teaching methods

- to recapitulate the definition and theoretical bases of clinical empirical psychology
- to explore the field of empirical psychology
- learning of a grid of analysis (psychodiagnosis, etiological hypotheses, epidaemiology, therapeutic interventions and prognosis with and without treatment)
- application of the grid on several themes in the field of empirical psychology (disorders axis I and II, in children and adults such as personality disorders, sexual disorders, eating disorders...)

**Other information (prerequisite, evaluation (assessment methods), course materials recommended readings, ...)**

Team of teachers

#### Other credits in programs

<b>PSY21/6</b>	Première licence en sciences psychologiques (Neuropsychologie clinique)	(3 credits)	
<b>PSY21/7</b>	Première licence en sciences psychologiques (Psychologie clinique: personne, destin, culture)	(3 credits)	Mandatory
<b>PSY21/8</b>	Première licence en sciences psychologiques (Psychologie clinique : émotions, cognitions et comportements)	(3 credits)	Mandatory
<b>PSY21/9</b>	Première licence en sciences psychologiques (Psychologie clinique : âges de la vie et systèmes humains)	(3 credits)	Mandatory
<b>PSY23/6</b>	Troisième licence en sciences psychologiques (Neuropsychologie clinique)	(3 credits)	