

KINE2211 Teaching physical activities and sports to the handicaped

[7.5h+30h exercises] 3 credits

Teacher(s): Language: Level: Daniel Theisen French Second cycle

Aims

- Study of the development driving, psychomotor, intellectual and social of the handicapped person, in order to obtain an optimal level of motivation in the various teaching mediums including in special secondary education. - Study of the contents of the various physical, sporting and psychomotor activities adapted for its application in the therapy of readjustment, special teaching, the leisures, within the framework of the process of integration socio-economic of the handicapped person. Methodology and didactic by taking account of the type of handicap.

Main themes

Methodology and didactic specific. Types of exercises, lessons and use of suitable material (total musculation, activities of group with or without machine, in room or swimming pool). Study of the methods, the contributions, the adequacy of the physical and sporting activities to the various handicaps in the various mediums of animation and teaching. Approach the design of the capacity, knowledge, to want. Contribution of biomechanical sciences on the level of the assistances adapted to the sport.

Content and teaching methods

Study of the physical, sporting and psychomotor activities in connection with the handicap. Methodology and didactic specific. Types of exercises, lessons and use of suitable material (total musculation, activities of group with or without machine, in room or swimming pool). Study of the methods, the contributions, the adequacy of the physical and sporting activities to the various handicaps. Approach the design of the capacity, knowledge, to want. Contribution of biomechanical sciences on the level of the adapted assistances.

Other credits in programs

KINE21 Première licence en kinésithérapie et réadaptation

(3 credits)

Mandatory