

Faculty of Medicine



KINE1026 Aquatics and safety issues

[7.5h+22.5h exercises] 2 credits

Teacher(s): Thierry Marique
Language: French
Level: First cycle

Aims

At the end of the course, the successful student will have acquired new skills with respect to aquatics related to movement therapy and rehabilitation. The competencies developed in BAC11 will be extended and adapted to the needs of persons with a handicap (motor, sensory or intellectual). The student will possess elementary knowledge about security issues in the field of aquatics.

Main themes

Course content:

- development of advanced skills and swimming techniques
- adaptations to populations with special needs
- safety issues in aquatics

Content and teaching methods

To include/understand the specific adaptations imposed by a handicap through the exercise of various styles of stroke and displacement in the aquatic environment. Approach the techniques of rescue to ensure the safety in aquatic environment.

Other information (prerequisite, evaluation (assessment methods), course materials recommended readings, ...)

Pre-requisite Basic psychomotor skills

Evaluation Written or oral examination, continuous evaluation

Support Syllabus or reference books

Supervision Titular professor, technical advisors and/or assistants, possibly aided by student assistants

Others

Other credits in programs

KINE11BA Première année de bachelier en kinésithérapie et réadaptation (2 credits)

KINE12BA Deuxième année de bachelier en kinésithérapie et réadaptation (2 credits)

Mandatory