

Faculty of Medicine



INTR2220 Medical Nutrition Therapy

[15h+15h exercises] 2 credits

This course is taught in the 1st semester

Teacher(s): Jean-Paul Thissen
Language: French
Level: Second cycle

Aims

Description, mechanisms and dietary treatment of human diseases in which nutrition plays a causative or therapeutic role.
 Scientific basis of nutritional care

Main themes

- Dietary guidelines and most common dietary mistakes
- Obesity
- Diabetes mellitus
- Dyslipidemia
- Malnutrition
- Chronic renal failure
- Kidney stones and arterial hypertension
- Malabsorptions and exocrine pancreatic insufficiency
- Lactose intolerance and coeliac disease
- Digestive surgery
- Cancer and AIDS
- Food allergy and intolerance
- Nutrition and drugs
- Vegetarism and veganism

Content and teaching methods

Oral teaching with practical examples

Other information (prerequisite, evaluation (assessment methods), course materials recommended readings, ...)

Oral examination with written preparation

Programmes in which this activity is taught

NUT2 Licence en sciences biomédicales (nutrition humaine)

Other credits in programs

MED12BA	Deuxième année de bachelier en médecine	(2 credits)	Mandatory
NUT21	Première licence en sciences biomédicales (nutrition humaine)		Mandatory