

## Faculty of Medicine



### IEPR2140 Ethics of sports and leisure activities

[15h] 1.5 credits

**Teacher(s):** Olivier Depré  
**Language:** French  
**Level:** Second cycle

#### Aims

The objectives of the course are to contribute to the formation of the ethical judgement on the sporting practices and to the critical reflexion on the new manners of developing the clean body. It was necessary to alternate the systematic talks and the presentation of personal work by the students. The systematic talk communicates in a first part the references historical, philosophiques, anthropological and theological necessary to the ethical judgement. In one second part, it proposes a moral, moderate and argued evaluation, several characteristic sporting practices. The remarks of order deontologic are attached to the ethical reflexion. In a third part, the new manners of developing the body are analyzed using various methodological tools, in the line of work of G Vigarello and G Lipovetsky. They are then the object of an ethical test of evaluation.

#### Main themes

Preliminary part. The diversity of the significances allotted to the sport and the concern of the body in the past and the present. Ière left - morals the body life and its bases. The philosophy of the body; anthropological and philosophical approach of the play; significance of the leisures for the man; dehumanization and humanization of the body life and the activities of leisure; play and the sport like symbolic systems activities of the man; the body in the religion and the culture. Ethics of the duty and ethics of free creation to be; common morals and specificity of sporting morals; prospects for Christian morals and the religious or philosophical field crops. IIème part - sporting morals. The free search for sporting performances like going beyond of oneself and symbolic system activity; passion for the sport; risks in the sport; the specificity of the relation to the trainer and importance of the freedom of the sportsman; sports associations; the sporting spectacle; the role of the money in the sport; sport and policy; violence in the sport; the doping of the sportsmen: aspects medical, ethical, deontologic and legal; sporting overtraining and the excess of sporting services; early engagement in the preparation with the sporting competition. IIIème part - new manners of developing the body. The clean body like object of the attention of the men and the women of any age today; economic aspects of the concern of body appearance and the physical form; ethical glance on the new manners of developing the body.

#### Content and teaching methods

Preliminary part. The diversity of the significances allotted to the sport and the concern of the body in the past and the present. Ière left - morals the body life and its bases. The philosophy of the body; anthropological and philosophical approach of the play; significance of the leisures for the man; dehumanization and humanization of the body life and the activities of leisure; play and the sport like symbolic systems activities of the man; the body in the religion and the culture. Ethics of the duty and ethics of free creation to be; common morals and specificity of sporting morals; prospects for Christian morals. IIème part - sporting morals. The free search for sporting performances like going beyond of oneself and symbolic system activity; passion for the sport; risks in the sport; the specificity of the relation to the trainer and importance of the freedom of the sportsman; sports associations; the sporting spectacle; the role of the money in the sport; sport and policy; violence in the sport; the doping of the sportsmen: aspects medical, ethical, deontologic and legal; sporting overtraining and the excess of sporting services; the engagment early one in the preparation with the sporting competition. IIIème part - new manners of developing the body. Love of the body and creation in Christian morals; the clean body like object of the attention of the men and the women of any age today; economic aspects of the concern of body appearance and the physical form; ethical glance on the new manners of developing the body.

#### Programmes in which this activity is taught

**ETES9CE** Certificat universitaire en éthique économique et sociale

**Other credits in programs**

<b>EDPH22</b>	Deuxième licence en éducation physique	(1.5 credits)	Mandatory
<b>ETES9CE</b>	Certificat universitaire en éthique économique et sociale	(1.5 credits)	