

Faculty of Medicine



EDPH2176 Disease prevention through physical and sports activities

[15h] 1.5 credits

Teacher(s): Dominique Vanpee
Language: French
Level: Second cycle

Aims

This course aims at giving to the student the solid scientific bench marks as for the balance interest-risk of the physical and sporting practices compared to current pathologies. This course will be in relation to course EDPH2290 "Pathology and hygiene of the sportsman" (EP22)

Main themes

Topics to be approached: - obesity and APS - diabetes and APS - not-pathological pregnancy and APS - asthma and APS - allergies (pollution) and APS

Content and teaching methods

Risks related to the practice and medical counter-indications. Personal deepening starting from a sport or of a particular pathology.

Programmes in which this activity is taught

MESP3DS Diplôme d'études spécialisées en médecine du sport

Other credits in programs

EDPH21	Première licence en éducation physique	(1.5 credits)	Mandatory
MESP31DS	Première année du diplôme d'études spécialisées en médecine du sport	(1.5 credits)	Mandatory