

## Faculty of Medicine



### EDPH2161 Psychomotricity

[30h+30h exercises] 8 credits

**Teacher(s):** Cécile Delens  
**Language:** French  
**Level:** Second cycle

#### Aims

To give knowledge and the tools necessary for the psychomotor education mainly of the children. Independently of the age, to make the student ready to analyze a task in its psychomotor dimensions. To give to the student the theoretical bases which enables him to make an assessment informed on the practices suggested by (many) the authors. Accordingly, beyond the inventory of these practices and of the bibliographical references which should make it possible to define the sources of them. These various approaches will be analyzed as for the contents of their proposals, with the effects of their practice, the indications and counter-indications as with the specificity of the competence which their framing claims.

#### Main themes

Analyze various factors allowing for a given person (child, adult, nobody old) the integration of "psychic" and "engine": - total motricity and fine - perceptive organization - space-time organization - laterality and body diagram. Bond motricity-emotion. Psychomotricity like a greater comfort in the world: the place of the body in our life including for the people having specific needs. Study of the practices centered on: - the body and body diagram; - emotional approaches with body starting point; - expressive approaches implying the body; - techniques of relieving; - the place of the body in the life (people in particular having specific needs): psychomotricity like a greater comfort in the world.

#### Content and teaching methods

+ personal project

#### Other information (prerequisite, evaluation (assessment methods), course materials recommended readings, ...)

"Aspects neurophysiological and psychological of the engine control" (75 hours) Characteristics: close coordination with the course of "Growth and ageing: psychological and driving approach ". Type of examination: oral examination no. of students per unit of time if an oral examination: 5 students per hour no. of students by group: maximum 20, 12 for the TP Nature and volume of the framing: holder + tallies external: 15 hours for the TP: + a Characteristic assistant: 3 ECTS related to the personal project.

#### Other credits in programs

<b>EDPH21</b>	Première licence en éducation physique	(8 credits)	Mandatory
---------------	--	-------------	-----------