

Faculty of Medicine



EDPH2141 Methodology of gymnastics and acrobatics

[0h+37.5h exercises] 2 credits

Teacher(s): Ghislain Carlier (supplée Dominique De Jaeger), Dominique De Jaeger
Language: French
Level: Second cycle

Aims

- To be able to teach the lifting gymnastics and sports - To know, include/understand and if required control some praxies gymnics more complex for being able to teach them.

Main themes

- the heating in gymnastics - specific physical preparation - Technique of assistance: principles - Application practises methodological principles and biomechanical knowledge - Praxies gymnics more complex

Content and teaching methods

Participation activates students with the heating, the preparation of the meetings and the more complex teaching of praxies.

Other information (prerequisite, evaluation (assessment methods), course materials recommended readings, ...)

Continuous evaluation and of synthesis combined. holder and technical adviser or assistant. Separate courses men and Pre-necessary women: run EP12

Other credits in programs

EDPH21	Première licence en éducation physique	(2 credits)	Mandatory
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