

EDPH2134 History of physical and sports activities

[15h] 1.5 credits

**Teacher(s):** Gérard Derèze

Language: French
Level: Second cycle

## Aims

1. To know the evolution of the principal forms of physical and sporting activities. 2. To include/understand the principal determinants (economic, political, cultural, philosophical and different) of this evolution. 3. To include/understand the influence of last on the current practices. To sensitize with the importance of historical dimension to include/understand the human institutions and conduits. 4. To know and include/understand the great principles of historical criticism. To cause readings or research in this field.

## Main themes

- various forms of physical and sporting activities, from antiquity to our days. The factors which supported their development and their transformation. - principal notions of historical criticism: usual sources (administrative testimonys, memories and correspondences, documents, etc), methods of data processing (for example processes of quantitative analysis), multiplicity of interpretations and explanations of the last facts.

## Other credits in programs

**EDPH21** Première licence en éducation physique (1.5 credits) Mandatory