

Faculty of Medicine



EDPH2120 Principles and theories of physical and sports activities

[30h] 3 credits

Teacher(s): Ghislain Carlier (coord.), Jean-Pierre Renard
Language: French
Level: Second cycle

Aims

1. To incite the student to be located, personally and in a critical way, compared to the various designs of physical education and the sport. 2. To learn with better distinguishing the scientific facts, the opinions, the conjectures and interpretations. 3. To learn how to present, in a argued and articulated way, a whole of ideas concerning physical education or the sport. 4. To develop skills which support the effectiveness of meetings of discussion relating to discussed questions.

Main themes

The teacher proposes topics of discussion and guide the students in their library searches. The topics relate to the various designs of the physical and sporting activities, like their subjacent philosophies. It is thus about a deepening of certain questions under consideration in a synthetic way in the courses "History of physical education" and "Field and epistemology of physical education". The students carry out library searches and write texts of synthesis. They are exerted to expose their points of view vis-a-vis a group and to animate discussions of profitable ideas.

Other credits in programs

EDPH21	Première licence en éducation physique	(3 credits)	Mandatory
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