

## Faculty of Medicine



### EDPH2111 Methodology of team sports

[7.5h+67.5h exercises] 4.5 credits

**Teacher(s):** Philippe Gérard  
**Language:** French  
**Level:** Second cycle

#### Aims

From a series of methodological principles common to the whole of the sporting practices "open", to develop in the student the comprehension and the acquisition of methodological principles specific to the sports activities confronting the individual with situations of collaboration and opposition in tasks directed towards a target.

#### Main themes

- To present, at the time of the theoretical courses, the principal general methodological concepts applicable to teaching of the collective sporting disciplines compared to the phases of development of the children and the teenagers. To approach the specific methodological principles to these disciplines by distinguishing those which allow the interpenetration of the actors of those which do not allow it. - During the meetings of exercises, to enrich knowledge applied by the modes of organization and intervention, by the contents of meetings and the applicable methodological principles during the teaching of the collective sports. To approach the fundamental concepts related on the organization of a team in competitive situation and to the organization of a meeting. Not to neglect the refinement and the complexification of the elements technico-tactics acquired in candidature. - At the time of the seminars, to look further into the principles approached at the time of the theoretical courses and the meetings of exercises by applying them to other collective sporting disciplines less known.

#### Content and teaching methods

1. Contents methodological Principles common to the whole of the sporting practices "open" directed towards a target and bringing into play relations of collaboration and opposition in a nonevolutionary medium. Methodological principles specific to the various collective sporting disciplines in relation to the spirit of each one from these disciplines.
2. Theoretical methods Contribution relating to the contents defined above in relation to the various stages of discovered then improvement of the various collective sporting disciplines. Practical application of the principles stated above within the framework of meetings of mutual teaching and management of teams in competitive situation

#### Other information (prerequisite, evaluation (assessment methods), course materials recommended readings, ...)

-written or oral (4 students per hour) for the theoretical part-evaluation continues work of the year for the methodological part and the seminars-examinations on the ground distributed over all the year for the practical part. seminars by meetings of +/- 12 students - cotitulaires, assistants and technical advisers - theoretical Courses given to the first four-monthly period, seminars at the second four-monthly period. - Meetings of exercises per series from 20 to 25 students

#### Other credits in programs

<b>EDPH21</b>	Première licence en éducation physique	(4.5 credits)	Mandatory
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