

Faculty of Medicine



EDPH1032 Racket sports and associated training course

[0h+60h exercises] 13 credits

Teacher(s): Thierry Marique
Language: French
Level: First cycle

Aims

At the end of the educational module, the student will be able to initiate players into badminton, tennis and table tennis. According to his initial level, he will be able to form leisure or competitive players in a chosen racket sport.

Main themes

Major themes taken up in order to reach the followed up purposes:

In the practical part of this course (6 ECTS), several disciplines will be taken up in their technico-tactical aspect, initiation level:

- table tennis
- badminton
- tennis.

The training course associated (7 ECTS) deals with complementary activities, the aims of which may be:

- in a preferred racket sport (eg: to reach a determined level in tennis): the activity is then a planned training in order to reach this level (including its building and the evaluation of this training)1.
- the diversification of the content: the activity is then one (several) training course(s) outside IEPR according to the case as a participant (and then) as a contributor.
- the deepening of one question in the area of racket sports, such, for example, the didactisation of the contents: the realization is then a "work" (written, video, etc.).

Content and teaching methods

In the practical part of this course (6 appropriations), various disciplines will be approached in their aspect technico-tactic, level initiation: Ø the table tennis Ø the badminton Ø tennis. The associated training course (7 ects) relates to complementary activities whose objectives can be: Ø in a sport of racket of predilection (e.g.: to reach a level determined in tennis): the activity is then a drive planned for the attack of this level (including its construction and the evaluation of this drive) (1 attention with the additional physical load). Ø the diversification of the contents: the activity is then one () training course except IEPR according to cases' like participant (then) like speaker, Ø the deepening of a question in bond with the sports of rackets such as for example the didactisation of contents: the realization is then a "work" (written, video). Ø the organization of event including its preparation and its evaluation. This part "training course" will be possibly personalized according to projects' of formations of the students and will be the subject of a personal file or collective according to situations'.

Other information (prerequisite, evaluation (assessment methods), course materials recommended readings, ...)

Pre-requisite Practical formation of BAC 1

Evaluation Continuous and/or final for the practical part with a possible questioning and/or final examination in order to verify the acquisition of the knowledge associated with practice.

Support Class file

Supervision Titular professor(s), technical adviser(s) and/or assistant(s) possibly helped by monitor students

Others