


4.00 credits

30.0 h

Q1

| | |
|-----------------------------|---|
| Teacher(s) | Mikolajczak Moïra ; |
| Language : | French |
| Place of the course | Louvain-la-Neuve |
| Main themes | <p>The aim of the course is first to familiarize students with the symptoms and difficulties associated with the most common health disorders. For each disorder, the student will be informed of the frequent psychological comorbidities, the most common psychological needs and the general lines of medical treatment. The second aim of the course is help students determine the most adequate psychological intervention for each medical disorder and enable them to apply and adapt them to the specificities of the patient and the context.</p> <p>The former aims will be achieved for each of the most frequent problematics in health psychology : stress, burnout, sleep disorders, chronic pain, perinatology, obesity, cancer, coronary-heart disorders, spinal cord injuries, amputations, palliative care and euthanasia.</p> <p>Each year, one lesson is devoted to a useful approach in health psychology (already covered: Motivational Interviewing, Acceptance and Commitment Therapy, this year : Hypnosis)</p> |
| Learning outcomes | <p>At the end of this learning unit, the student is able to :</p> <p>In reference with the learning outcomes of the Master in Psychological Science, this activity contributes to the following learning outcomes:</p> <p>At the end of the course, the student will be able to adequately analyse a situation in health psychology with reference to available theories and empirical evidence (B1). On this basis, the student will be able to identify relevant psychological interventions which take into account the specificities of the patient and of the context (B2), to distinguish between scientifically-based interventions and common-sense interventions (E2), to explain the methodology used for planning, implementing and evaluating the intervention. The students will also be capable to communicate in a clear, relevant and straightforward way the result of their observations, analysis and intervention (C1-C2).</p> <p>1</p> <p>La contribution de cette UE au développement et à la maîtrise des compétences et acquis du (des) programme(s) est accessible à la fin de cette fiche, dans la partie « Programmes/formations proposant cette unité d'enseignement (UE) ».</p> |
| Bibliography | Mikolajczak, M. (Dir.). (2013). Les interventions en psychologie de la Santé. Paris: Dunod. |
| Faculty or entity in charge | EPSY |

| Programmes containing this learning unit (UE) | | | | |
|--|---------|---------|--------------|---|
| Program title | Acronym | Credits | Prerequisite | Learning outcomes |
| Master [120] in Psychology | PSY2M | 4 | |  |