

6.00 credits

45.0 h + 15.0 h

Q1

Teacher(s)	Douilliez Céline ;Philippot Pierre ;
Language :	French
Place of the course	Louvain-la-Neuve
Learning outcomes	
Teaching methods	<p>The teaching method is based on the principles of the flipped classroom. Theoretical content (commented slides, reading assignment and exercises, e.g., case analysis, experiential exercise) will be made available on Moodle. Critical elaboration sessions, exercises and debates will be organised during the course sessions.</p> <p>The course includes an in-depth case conceptualisation, including a tutorial session and the completion of three compulsory activities. These activities are designed so that each student can benefit from feedback from peers and from a teaching assistant at various times during the term, particularly during the tutorial session.</p>
Content	<p>A.Evidence-based clinical psychology B.Introduction to the processual approach C.Case conceptualisation D.Pathogenic processes and related interventions:</p> <ul style="list-style-type: none"> • Motivational processes and motivational interviewing • Negative repetitive thoughts - Interventions focusing on negative repetitive thoughts • Experiential avoidance - behavioural activation • Experiential avoidance - exposure intervention • Process-based approach to perfectionism - Perfectionism-focused interventions
Faculty or entity in charge	EPSY

Programmes containing this learning unit (UE)				
Program title	Acronym	Credits	Prerequisite	Learning outcomes
Master [120] in Psychology	PSY2M	6		