

3.00 credits

7.5 h + 30.0 h

Q1 and Q2

Teacher(s)	De Jaeger Dominique (coordinator) ;Leroy Frédéric ;
Language :	French > English-friendly
Place of the course	Louvain-la-Neuve
Prerequisites	Gymnastics and Sports Acrobatics <i>The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.</i>
Main themes	<ul style="list-style-type: none"> <li>• Planning learning situations combining technical, physical and psychological components of acrobatic sports</li> <li>• Formulating relevant instructions</li> <li>• Observing learner behaviour in order to detect movement errors</li> <li>• Correcting movement errors</li> </ul>
Learning outcomes	<p><b>At the end of this learning unit, the student is able to :</b></p> <p>1 At the end of this course, students should be able to safely teach gymnastics and acrobatic sports to novices.</p>
Evaluation methods	<ul style="list-style-type: none"> <li>• Continuous evaluation throughout the course (40%) and final oral exam (40%) on didactic principles, including demonstration</li> <li>• Technical evaluation of learned acrobatic motor skills (20%)</li> </ul> <p>The final score will take account of the percentage of attendance at the course. In the second session, only the score of the oral exam (40%) can be modified. All the other scores and the percentage of attendance remain unchanged.</p>
Teaching methods	Didactic principles, applied to previously learned acrobatic motor skills, are first explained and discussed in a workshop. They are also applied in the gym to the learning of more complex acrobatic motor skills. Students autonomy is progressively promoted by the teachers.
Content	The practical part of the course is organized in 3 modules supervised by 3 teachers. The 3 modules address the same didactic principles through different acrobatic disciplines. These principles are : development of learning situations or sequences, demonstration, instruction formulation, observation, detection and correction of technical errors, and adapted assistive techniques. One module is focused on quadrupedalism, another on Parkour and the last one on similarities between motor skills within gymnastic and acrobatic disciplines or between acrobatic skills and motor skills from other sports.
Inline resources	<a href="https://moodle.uclouvain.be/course/view.php?id=4316">https://moodle.uclouvain.be/course/view.php?id=4316</a>
Faculty or entity in charge	FSM

<b>Programmes containing this learning unit (UE)</b>				
Program title	Acronym	Credits	Prerequisite	Learning outcomes
Bachelor in Motor skills : General	EDPH1BA	3	LEDPH1028 AND LEDPH1029 AND LEDPH1030 AND LEDPH1025	