

2.00 credits

0 h + 30.0 h

Q1 and Q2

Teacher(s)	De Jaeger Dominique ;
Language :	French > English-friendly
Place of the course	Louvain-la-Neuve
Prerequisites	<i>The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.</i>
Main themes	Major topics presented in this teaching unit include : 1. Physical preparation : strength and flexibility in order to allow correct learning and realisation of gymnastic and acrobatic skills. 2. Technical preparation : - learning fundamental gymnastic and acrobatic skills - preparation for further learning of more complex skills.
Learning outcomes	At the end of this learning unit, the student is able to : 1 The students will be able to perform fundamental gymnastic and acrobatic movements. They will develop their spatial orientation, motor coordination, physical strength and flexibility.
Content	Will be completed by the titular professor when the courses will be attributed
Inline resources	https://moodle.uclouvain.be/course/view.php?id=1564
Other infos	Pre-requisite Evaluation Support Supervision Others
Faculty or entity in charge	FSM

Programmes containing this learning unit (UE)				
Program title	Acronym	Credits	Prerequisite	Learning outcomes
Bachelor in Motor skills : General	EDPH1BA	2	LEDPH1006 AND LIEPR1002	