

2.00 credits

0 h + 30.0 h

Q1

Teacher(s)	Vercruysse Benoît ;
Language :	French
Place of the course	Louvain-la-Neuve
Main themes	In order to achieve the stated objectives, the course activities will be varied and diverse to permit experimentation and evaluation of fundamental motor skills of ball sports : - Handling and controlling a variety of balls with different parts of the body in individual situations, with a partner and/or against an opponent (protecting the ball / maintaining possession) - Catching, throwing, passing, pushing, dribbling the ball with a partner and/or against an opponent. - Correctly perceiving the trajectory of a ball and adjusting one's position to intercede with the flight of the ball (i.e. catching the ball while running). - Exercises in perception and adaptation.
Learning outcomes	<p><b>At the end of this learning unit, the student is able to :</b></p> <p>1 By the end of this course, the student will have performed motor and psycho-motor skills related to team sports (ball sports) : catching, throwing, passing, hitting, pushing, dribbling various types of balls while either stationary or moving and perception and adaptation of ball movements. The student will perfect these actions in simple situations and will be able to apply them to a variety of collective disciplines.</p>
Evaluation methods	<p>Final practical assessment including subject tests to measure the achievement of the learning outcomes. The assessment ensures that the student can only succeed if he or she masters the "essential" learning outcomes targeted by the EU.</p> <p>For each test, the teacher communicates and evaluates the mastery of the "essential" individual and collective learning outcomes and the "specific" learning outcomes. Only students who have mastered the "essential" learning outcomes in each of the sports disciplines practised will validate the teaching unit and will receive a mark of 10/20. A higher mark will correspond to the mastery of the "improvement" learning outcomes.</p> <p>Active physical presence in the course is compulsory. The percentage and quality of attendance will be collected by the teachers. Physically active attendance means full and effective participation in order to exercise the skills conveyed in the course. In accordance with article 72 of the General Regulations for Studies and Examinations, the course instructors may propose to the jury that it oppose the registration of a student who has not physically participated in at least 80% of the courses during the January/June or September session.</p> <p>The second session tests are identical to the first session tests. The student must take all the tests that assess the learning outcomes that have not been achieved.</p> <p>The student will ask the teacher in charge and the teachers responsible for the second session to set up the necessary conditions for the second session evaluation situations. (e.g. sufficient number of players for the assessment situation)</p> <p>If not, the teacher may refuse access to the second session assessment.</p>
Content	<p>Psycho-socio-motor foundations of games and team sports</p> <p>To develop spatio-temporal adjustment capacities (balloon handling, trajectory analysis...) in order to be able to integrate into a collective situation.</p> <p>Ability to perceive hastily trajectories (space and time) of balloons (3 dimensions) and motor adaptation capacity adapted to these trajectories (rolling machines, machines launched vertically, laterally, in depth, coming from behind)</p> <p>Ability to balance after moves to adapt to a mobile device, partner and/or opponent</p> <p>Ability to touch, hit, send or deflect a moving device (hit in multiple ways with both foot and hand).</p> <p>Ability to move off-center in relation to the machine or partners.</p> <p>Ability to perceive possibilities for action and to make quick decisions for action based on perceived elements</p> <p>Ability to link tasks (status changes, role changes, play with and without ball)</p> <p>Pre-techniques more specific to the sports concerned</p> <p>Translated with <a href="http://www.DeepL.com/Translator">www.DeepL.com/Translator</a> (free version)</p>
Other infos	<p>Active physical presence in the course is compulsory. The percentage and quality of attendance will be collected by the teachers. Physically active attendance means full and effective participation in order to exercise the skills conveyed in the course. In accordance with article 72 of the General Regulations for Studies and Examinations, the course instructors may propose to the jury that it oppose the registration of a student who has not physically participated in at least 80% of the courses during the January/June or September session.</p>

Faculty or entity in charge	FSM
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<b>Programmes containing this learning unit (UE)</b>				
Program title	Acronym	Credits	Prerequisite	Learning outcomes
Bachelor in Motor skills : General	EDPH1BA	2		