UCLouvain

Ikine1038

2019

Biomechanics applied to physiotherapy

In view of the health context linked to the spread of the coronavirus, the methods of organisation and evaluation of the learning units could be adapted in different situations; these possible new methods have been - or will be - communicated by the teachers to the students.

3 credits	30.0 h	Q1

Teacher(s)	Detrembleur Christine ;			
Language :	French			
Place of the course	Louvain-la-Neuve			
Prerequisites	The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.			
Main themes	The main themes to achieve these objectives are : - biomechanics of the muscle, - electromyography and kinesiology, - strength of biological material like bones, tendons and ligaments			
Aims	The aim of this course is to apply the principles of biomechanics in physiotherapy. Using these principles, the student will be able to identify the mechanical causes of several pathologies of the locomotory system, et de justify therapeutic design from a biomechanical point of view.			
	The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".			
Content	- Notion of tribology (how to study the mechanical properties of biological structures: static solicitation (creep, stress - strain diagram, stress relaxation) dynamic solicitation (effect of speed on the visco-elastic properties of biological structures, resonant frequency), fatigue test Rheological properties of bone tissues, effect of growth and aging on these properties, effect immobilization and of exercise on these properties, mechanical properties of osteo-synthesis materiel Rheological properties of cartilage, wear of cartilage, effect of immobilization and exercise on these properties Rheological properties of ligaments et tendons, effect of immobilization and exercise on these properties Biomechanical properties of muscle, effect of exercise and immobilization on these properties Muscular reinforcement: isotonic reinforcement, isometric reinforcement, isokinetic reinforcement, the stretching Electromyography (EMG), origin and characteristic of the signal, electrodes, treatment of the signal, effect of force, length, speed and fatigue of the muscle on the EMG.			
Other infos	Pre-requisite Mechanics, biomechanics, Fundamentals of locomotory physiotherapy Evaluation Oral or written exam Support Books or syllabus Supervision Teachers Others			
Faculty or entity in charge	FSM			

Programmes containing this learning unit (UE)						
Program title	Acronym	Credits	Prerequisite	Aims		
Bachelor in Physiotherapy and Rehabilitation	KINE1BA	3	LIEPR1011 AND LIEPR1012 AND LKINE1005 AND LKINE1006	Q		