


5 credits

30.0 h + 15.0 h

Q1

Teacher(s)	Desmette Donatienne ;
Language :	French
Place of the course	Louvain-la-Neuve
Main themes	This course is concerned with psychosocial and organizational aspects of occupational well-being. Working conditions as demands and resources, burnout, coping strategies, prevention in the workplace, will be examined theoretically and empirically through courses and subgroups works.
Aims	<p>A1. Mastering knowledge that helps explain and understand psychosocial aspects of well-being at work at individuals, groups and organizations levels</p> <p>A2. To be able to analyze, conceptualize and criticize psychosocial aspects of well-being at work with reference to theories, research results and methods relevant to work and organizational psychology</p> <p>1 B1. Mastering knowledge about interventions to improve psychosocial aspects of occupational well-being at individuals, groups and organizations levels</p> <p>B2. To be able to conceive recommendations for intervention to improve psychosocial aspects of well-being at work in a given situation</p> <p>C2. To be able to structure and to present data that have been collected.</p> <p>-----</p> <p><i>The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".</i></p>
Evaluation methods	<p>The assessment of competences is based on :</p> <ul style="list-style-type: none"> - the work in subgroup, - an individual exam. <p>Taking part to a work in subgroup is a requirement to present the individual exam.</p> <p>The conditions of the exam at the first session and at the second session are similar.</p>
Teaching methods	<p>This course combines classes and supervised works in subgroups.</p> <p>Attending classes and especially tutoring sessions of subgroups is mandatory.</p> <p>Work in subgroups starts as soon as the beginning of the period of courses.</p>
Content	<p>The course is concerned with psychosocial aspects of wellbeing in the workplace in the frame of work and organizational psychology. It is organized in four sections. The first section introduces the concepts of well-being and psychosocial risks by linking them to the legal context in Belgim. The second section refers to the presentation and the critical analysis of stress and well-being theories and research in the field of work and organizational psychology. The third section deals with preventionof stress at work issues. Finally, the fourth section is devoted to more specific issues such as harassment, diversity, ageing at work, and other topics. This fourth component is deepened in the work of subgroups.</p>
Faculty or entity in charge	EPSY

Programmes containing this learning unit (UE)				
Program title	Acronym	Credits	Prerequisite	Aims
Master [120] in Psychology	PSY2M	5		
Master [120] in Human Resources Management	GRH2M	5		