

Assessment and interventions within family therapy

6 credits

45.0 h + 15.0 h

Q1

Teacher(s)	De Mol Jan ;			
Language :	French			
Place of the course	Louvain-la-Neuve			
Main themes	 Current models and theories in the domain of family therapy Therapeutic processes focusing on interpersonal and socio-constructionist processes Monitoring the process of change in therapy How to work with and combine different settings in family therapy (individual, parents, family, group) Family therapy with the 'new families' and specific problems 			
Aims	 Learning of the different models and theories in current family therapy (A1, A2) Development of a treatment plan based on hypotheses of interpersonal and socio-constructionist processes (B1, B2, C2) Construction of a therapeutic relationship with each member of the family, without accusing family members or the family itself (F1, F2) Learning of basic therapeutic interventions methods (B3, E3) 			
Evaluation methods	The final mark is a combination of the evaluation of a written exam (two open questions) and the presentation of a group work during the course.			
Teaching methods	 (1) Formal lectures (2) Group presentations (3) Guest lectures by experts in the domain of family therapy 			
Content	This course consists of three major parts. In the first part the different perspectives and evidence-based approaches in current family therapy are discussed. In the second part the focus is on the interventions and the therapeutic process during family therapy. In the third part family therapy approaches with specific families (stepfamilies, LGBT families, multi-stressed families) and specific problems (sexual abuse, delinquency, depression) will be discussed.			
Faculty or entity in charge	EPSY			

Programmes containing this learning unit (UE)						
Program title	Acronym	Credits	Prerequisite	Aims		
Master [120] in Psychology	PSY2M	6		٩		