UCLouvain

Ikine1025

2017

Physical activities and sports

2 credits	0 h + 30.0 h	Q1 and Q2

Teacher(s)	Marique Thierry ;Vercruysse Benoît (compensates Marique Thierry) ;				
Language :	French				
Place of the course	Louvain-la-Neuve				
Prerequisites	The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.				
Main themes	The course content is designed to - improve the student's body awareness and individual motor skills with and without instruments and partners - improve the students motor skills in different sport activities				
Aims	At the end of the course the successful student will be able to understand and control different aspects related to movement within the disciplines of physical education and sports. He/she will be able to analyse a motor activity with respect to different dimensions, such as bioenergetics, psychomotor and social aspects as well as biomechanics. The course will be centered around the possible adaptations to populations with special needs. The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s)				
	can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".				
Content	15 hours of sporting practice to orientation Basketball and 15 hours with orientation Volley ball: Ø Découverte and comprehension of the discipline in its constraints and requirements driving and physics Ø Compréhension and experimentation of the necessary driving adaptations Ø Analyse of the driving tasks as well driving skills as cognitive				
Other infos	Pre-requisite Basic psychomotor skills Evaluation Continuous evaluation Support Syllabus Supervision Titular professor Others				
Faculty or entity in charge	FSM				

Programmes containing this learning unit (UE)					
Program title	Acronym	Credits	Prerequisite	Aims	
Bachelor in Physiotherapy and Rehabilitation	KINE1BA	2	LKINE1001 AND LIEPR1012	Q	