

2 credits

0 h + 30.0 h

Q1 and Q2

Teacher(s)	Deldicque Louise (compensates Marique Thierry) ;Marique Thierry ;
Language :	French
Place of the course	Louvain-la-Neuve
Prerequisites	<i>The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.</i>
Main themes	Les activités abordées pour rencontrer ces objectifs seront diversifiées. Elles permettront l'amélioration des quatre techniques de nage codifiées : brasse, crawl; dos crawlé et dauphin. Elles aborderont une approche des techniques de chutes et de plongeurs. The activities addressed to meet these objectives will be diversified. It will enable the improvement of the four swimming techniques codified: breaststroke, crawl, backstroke and dolphin. They will discuss an approach to techniques of falls and dives.
Aims	<p>1 After this educational entity, the student will have gained experience and a sufficient travel codified aquatic later to address specific teaching swimming.</p> <p>-----</p> <p><i>The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".</i></p>
Content	After this educational entity, the student will have gained experience and a sufficient travel codified aquatic later to address specific teaching swimming. The work will be focused on the development, improvement of "hard core" sport of swimming to a better balance, improved breathing, better water, better coordination, better propulsion. The activities addressed to meet these objectives will be diversified. It will enable the improvement of the four swimming techniques codified: breaststroke, crawl, backstroke and dolphin. They will discuss an approach to techniques of falls and dives.
Other infos	Prerequisite: Swimming 1 Rating: Continue and / or final practice with the possibility of interrogation (s) and / or a final exam to check the acquisition of knowledge associated with practice. Format: Folder Course Framing: Holder (s), counselor (s) technique (s) and / or assistant (s) possibly assisted by student monitors.
Faculty or entity in charge	FSM

Programmes containing this learning unit (UE)				
Program title	Acronym	Credits	Prerequisite	Aims
Bachelor in Motor skills : General	EDPH1BA	2	LEDPH1004 AND LIEPR1002	