


5.0 credits	30.0 h + 15.0 h	1q
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Teacher(s) :	Desmette Donatienne ;
Language :	Français
Place of the course	Louvain-la-Neuve
Main themes :	This course is concerned with psychosocial and organizational aspects of occupational well-being. Working conditions as demands and resources, burnout, coping strategies, prevention in the workplace, will be examined theoretically and empirically through courses and subgroups works.
Aims :	<p>A1. Mastering knowledge that helps explain and understand psychosocial aspects of well-being at work at individuals, groups and organizations levels</p> <p>A2. To be able to analyze, conceptualize and criticize psychosocial aspects of well-being at work with reference to theories, research results and methods relevant to work and organizational psychology</p> <p>B1. Mastering knowledge about interventions to improve psychosocial aspects of occupational well-being at individuals, groups and organizations levels</p> <p>B2. To be able to conceive recommendations for intervention to improve psychosocial aspects of well-being at work in a given situation</p> <p>C2. To be able to structure and to present data that have been collected.</p> <p><i>The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".</i></p>
Teaching methods :	Important note: The course involves tutoring sessions of subgroup work. Tutoring implies mandatory presence during class time. Work in subgroups starts as soon as the beginning of the period of courses.
Content :	The course is organized in four sections. The first section is concerned with questions of well-being applied to the general context of employment in a perspective that introduces cognitive, motivational and social processes. The second section refers to the presentation and the critical analysis of stress and well-being theories and research in the field of work and organizational psychology. The third section introduces prevention and intervention issues. Finally, the fourth section is devoted to more specific issues such as harassment, diversity, ageing at work, and other topics. This fourth component is deepened in the work of subgroups.
Faculty or entity in charge:	EPSY

<b>Programmes / formations proposant cette unité d'enseignement (UE)</b>				
Intitulé du programme	Sigle	Credits	Prerequis	Acquis d'apprentissage
Master [120] in Human Resources Management	GRH2M	5	-	
Master [120] in Psychology	PSY2M	5	-	