UCL Université catholique de Louvain

LKINE1021

2015-2016

Basics of physical therapy

8.0 credits	10.0 h + 97.5 h	1q

Teacher(s) :	Thonnard Jean-Louis ; Behets Wydemans Catherine ; Castille Yves (coordinator) ;
Language :	Français
Place of the course	Louvain-la-Neuve
Prerequisites :	*The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.*
Main themes :	The demonstrations on anatomic specimens contribute to a better integration of the anatomy palpatoire. The anatomy palpatoire is a precondition to the examination of the patient. The techniques of bases (passive mobilization and activates, massage, PNF) allow a facilitated approach of the kinesitherapy of the various systems.
Aims :	At the end of this entity of teaching, the student must be able to control the basic techniques of kinesitherapy (palpation and location of bone tissues and soft fabrics, evaluation of the muscular function, passive mobilization and activate, massage, proprioceptive techniques of facilitation - PNF). *The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".*
Content :	Functional anatomy and muscular evaluation (30h) Active mobilization and muscular reinforcement (5h-15h) Passive mobilization (5h-15h) Massage (15h) Proprioceptive neuromuscular facilitation (PNF) (5h-15h)
Other infos :	Pre-necessary: Anatomy and analyzes movement, biomechanical Evaluation: Oral examination and elements of evaluation continue Support: Syllabus and book Framing: Holder
Faculty or entity in charge:	FSM

Programmes / formations proposant cette unité d'enseignement (UE)

Intitulé du programme	Sigle	Credits	Prerequis	Acquis d'apprentissage
Bachelor in Physiotherapy and Rehabilitation	KINE1BA	8	LIEPR1002 **and** LIEPR1028 **and** LIEPR1011 **and** LIEPR1012	
Master [120] in Motor Skills: Physical Education	EDPH2M	8	-	