LEDPH1053

2015-2016

Nature and physical activities and associated training course

12.0 credits	0 h + 60.0 h	1 + 2q

Teacher(s) :	Delens Cécile ;
Language :	Français
Place of the course	Louvain-la-Neuve
Main themes :	Key topics to meet these objectives: In the practical part of the course (45h), examples of activities focusing on contact with nature will be addressed. Examples: movement and nature - hiking - horse riding - APS nature and adventure (kayaking, rally, course daring in nature, ...), etc.. In the seminar (15h) the following topics will be studied: the contact to nature as a motivation for the practice of APS, physical activity in polluted atmosphere, the Herberts, and the theoretical value to the course chosen practices associated (7 ects) covers activities whose objectives are: - Diversification of content: the activity is (A) stage (s) outside IEPRI depending on the case as a participant and / or as co-speaker, - Deepening a question related to the theme of the course (ex didactisation content or implementation support to the observation of a dimension of the nature, ...) implementation is a "work" (written, video , ...). - Organization (s) of event (s) nature and type of APS (a cycle of nature walks, a bike rally family, ...): the achievement is the event (including its preparation and evaluation) This "stage" may be customized according to the draft training of students and will be an individual file or collective situations.
Aims :	After this educational entity, the student will have technical representative activities emphasizing physical contact with nature as a motivational physical activity. This teaching is involved in the axis "welfare" of training in physical education. *The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".*
Content :	This course is organized around practical courses (eg the natural environment (fauna and flora) and physical activity, orientation activities, hiking, horseback initiation) of actions to be carried out outside of class (RAVEL network discovery, discovery of a structural nature and adventure, creating a herbarium - personal virtual animal ...) and workshops, whose object is the debriefing of critical activities outside the classroom is the preparation of the draft year type organization of a day of nature activities. All the activities are integrated
Other infos :	Rating: Continue and / or final practice with the possibility of interrogation (s) and / or a final exam to check the acquisition of knowledge associated with practice. Format: Folder Course Framing: Holder (s), counselor (s) technique (s) and / or assistant (s) possibly assisted by student monitors. Other: For students with reduced financial means, a procedure for possible assistance by the aid of the UCL must be developed on the basis of an assessment of potential costs of specific activities (including internships)
Faculty or entity in charge:	FSM

Programmes / formations proposant cette unité d'enseignement (UE)

Intitulé du programme	Sigle	Credits	Prerequis	Acquis d'apprentissage
Additionnal module in Motor skills	LEDPH100P	12	-	