UCL Université catholique de Louvain

LEDPH1045

2015-2016

Teachings methods for acrobatic sports

3.0 credits	0 h + 37.5 h	1 + 2q

Teacher(s) :	De Jaeger Dominique ;
Language :	Français
Place of the course	Louvain-la-Neuve
Prerequisites :	Gymnastics and Sports Acrobatics *The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.*
Main themes :	-- Planning learning situations combining technical, physical and psychological components of acrobatic sports -- Formulating relevant instuctions -- Observing learner behaviour in order to detect movement errors -- Correcting movement errors
Aims :	At the end of this course, students should be able to safely teach gymnastics and acrobatic sports to novices. *The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".*
Evaluation methods :	Continuous evaluation throughout the course and final oral exam on didactic principles Technical evaluation of learned acrobatic motor skills
Teaching methods :	Didactic principles, applied to previously learned acrobatic motor skills, are first explained and discussed in a workschop. They are also applied in the gym to the learning of more complex acrobatic motor skills. Students autonomy is progressively promoted by the teachers.
Content :	Method: Didactic goals will be achieved in the classroom and the gymnasium through various teaching methods including video recording and analysis, observations in the field, project-oriented teaching, solution research and creativity expression. Physical and technical situations will be emphasized in order to facilitate the learning of acrobatic skills. Content: Prerequisite skills in the didactic approach (from EDPH1025 Gymnastics and acrobatic sports) will first be tested, then new skills will be developed.
Bibliography :	Barbieri, L., Maertens, L., (1991, Octobre). La courbette. Le gymnaste, 138 Carrasco, R., (2004). Gymnastique aux agrès : La formation des jeunes talents. Toulouse : Savoir Gagner. Carrasco, R., (1980). Gymnastique aux agrès : Préparation physique. Paris : Vigot. Carrasco, R., (1977). Gymnastique : Pédagogie des agrès. Paris : Vigot. FFG, (1999, Janvier-Mars). Euroteam : la gym plaisir. Gym Technic, FFG, 26 FFG, (1997). Memento des activités gymniques. Fédération Française de Gymnastique. FFG, (n.d.). Fiches techniques et pédagogiques. Fédération Française de Gymnastique. Lukacs, J., (1999, Juillet-Septembre). GAF, reportage. Gym Technic, 28. Saint Genies, M., (1993, Avril-Juin). L'acrobatie au sol vers l'arrière. Gym Technic, FFG, 3.
Faculty or entity in charge:	FSM

Programmes / formations proposant cette unité d'enseignement (UE)

Intitulé du programme	Sigle	Credits	Prerequis	Acquis d'apprentissage
Bachelor in Motor skills : General	EDPH1BA	3	LIEPR1028 **and** LEDPH1028 **and** LEDPH1029 **and** LEDPH1030 **and** LEDPH1025	