LEDPH1042

2015-2016

Methodology of swimming

3.0 credits	0 h + 37.5 h	1 + 2q

Teacher(s) :	Marique Thierry ;
Language :	Français
Place of the course	Louvain-la-Neuve
Prerequisites :	*The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.*
Main themes :	The student will have a broad educational background, since the beginning awareness of the aquatic environment (balance, immersion, vision, respiration, movement, propulsion) to learning and development of swimming techniques. In addition, he will be able to teach games or water sports. It will use appropriate tools to evaluate progress and performance. He will have the necessary benchmarks to analyze its actions at the rate of participation of its public and its commitment engine. It will be able to justify their choice of teaching and its theoretical state.
Aims :	After this educational entity, the student will be able to intervene in ergonomic conditions binding on him (resonance, humidity) and his students (limited space, difficult to collect feedback from the teacher, cooling). *The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".*
Content :	After this educational entity, the student will be able to intervene in ergonomic conditions binding on him (resonance, humidity) and his students (limited space, difficult to collect feedback from the teacher, cooling). The student will have a broad educational background, since the beginning awareness of the aquatic environment (balance, immersion, vision, respiration, movement, propulsion) to learning and development of swimming techniques. In addition, he will be able to teach games or water sports. It will use appropriate tools to evaluate progress and performance. He will have the necessary benchmarks to analyze its actions at the rate of participation of its public and its commitment engine. It will be able to justify their choice of teaching and its theoretical state. Practical - 30 hours: - Technical review in 4 styles Olympic swimming; - Approach of 4 swimming styles (learning); - Video Recording + analysis; - Work with the index for swimming - Educational swim; - Training; - Detection of errors (start - swim - turn-resumption of swimming). Demonstration and dry in the water of swimming techniques; - Demonstration and dry in the water of swimming education; - Demonstration and dry in the water of swimming errors; - Approach practical program of secondary education - Assess: what, how, why? - Work in group based on observations of video recordings made on the students as well as on video swimming competition, introduction of a micro-teaching situations exercises (Choose a style of swimming);
Other infos :	Prerequisite: Swimming 2 Rating: Continue and / or final practice with the possibility of interrogation (s) and / or a final exam to check the acquisition of knowledge associated with practice. Format: Folder Course Framing: Holder (s), counselor (s) technique (s) and / or assistant (s) possibly assisted by student monitors.
Faculty or entity in charge:	FSM

Programmes / formations proposant cette unité d'enseignement (UE)				
Intitulé du programme	Sigle	Credits	Prerequis	Acquis d'apprentissage
Bachelor in Motor skills : General	EDPH1BA	3	LEDPH1029 **and** LEDPH1022	