UCL Université catholique de Louvain

LEDPH1025

2015-2016

Gymnastics and acrobatic sports 2

2.0 credits	0 h + 30.0 h	1 + 2q

Teacher(s) :	De Jaeger Dominique ;
Language :	Français
Place of the course	Louvain-la-Neuve
Prerequisites :	*The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.*
Main themes :	Major topics presented in this teaching unit include : 1. Physical preparation : strength and flexibility in order to allow correct learning and realisation of gymnastic and acrobatic skills. 2. Technical preparation : - learning fundamental gymnastic and acrobatic skills - preparation for further learning of more complex skills.
Aims :	The students will be able to perform fundamental gymnastic and acrobatic movements. They will develop their spatial orientation, motor coordination, physical strength and flexibility. *The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".*
Content :	Will be completed by the titular professor when the courses will be attributed
Other infos :	Pre-requisite Evaluation Support Supervision Others
Faculty or entity in charge:	FSM

Programmes / formations proposant cette unité d'enseignement (UE)

Intitulé du programme	Sigle	Credits	Prerequis	Acquis d'apprentissage
Bachelor in Motor skills : General	EDPH1BA	2	LEDPH1006	