UCL Université catholique de Louvain

LEDPH1023

2015-2016

Athletics 2

2.0 credits	0 h + 30.0 h	1 + 2q

Teacher(s) :	Mees Valérie ;
Language :	Français
Place of the course	Louvain-la-Neuve
Prerequisites :	*The prerequisite(s) for this Teaching Unit (Unité d'enseignement – UE) for the programmes/courses that offer this Teaching Unit are specified at the end of this sheet.*
Main themes :	The activities taken up reaching these aims will be diversified. They will allow the learning of specific techniques of the codified events of athletics: at least one running, one jumping and one throwing event that are not taught in the course EDPH 1104 Athletics.
Aims :	At the end of this educational module, the student will have acquired enough experience and mastery in the specific techniques of the codified events of athletics in order to learn subsequently the specific didactic of this discipline. *The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".*
Content :	The whole of the situations try out the fundamental skills of the three families of the athletics: races-jumps-throws. The acquisition of these fundamental skills will be completed by the learning of specific techniques: hurdle races - 400 m - cross-country-long jump - the javelin throwing.
Other infos :	Pre-requisite Athletics 1 Evaluation Continuous and/or final for the practical part with a possible questioning and/or final examination in order to verify the acquisition of the knowledge associated with practice. Support Class file Supervision Titular professor(s), technical adviser(s) and/or assistant(s) possibly helped by monitor students Others
Faculty or entity in charge:	FSM

Programmes / formations proposant cette unité d'enseignement (UE)

Intitulé du programme	Sigle	Credits	Prerequis	Acquis d'apprentissage
Bachelor in Motor skills : General	EDPH1BA	2	LEDPH1007	