

Religion, health, and psychotherapy

3.0 credits	30.0 h	2q
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Teacher(s):	Saroglou Vassilis ;
Language :	Français
Place of the course	Louvain-la-Neuve
Main themes :	The course mainly examines the complex bonds between, on the one hand, several aspects and dimensions of religion and spirituality and, on the other hand, various components of wellbeing, health (mental and physical) or of psychopathology. The individual and social regulators of these bonds will also be examined. Moreover, the course will broach questions on the place and role of religion and spirituality (on the side of the therapist and of the patient) in the psychotherapeutic practices.
Aims:	To look further and sharpen a critical look on specific questions of clinical psychology of religion with a special attention on questions of interdisciplinary interest (psychopathology, positive psychology, other social sciences of health) and on questions in relation with the professional practice, based on the interaction between theoretical prospects and empirical studies. The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".
Content:	 Positive impact of the religion on health and wellbeing Intra-cultural and intra-religious comparisons Religion and mental health for immigrants Depression, acedia and religious euphoria Neurosis, obsession and religious culpability The statute of beliefs and the relation to reality Religious management of health and cultural variations Psychotherapy: patient's and psychologist's faith and beliefs Psychology of forgiveness and psychotherapy Meditation, religious experiment and paranormal experiments Mental health and wellbeing within the sects
Other infos :	Evaluation: Information related to the mode of evaluation will be put at the disposal of students on I-campus. Support Information related to the support will be put at the disposal of students on I-campus. References: Lectures favoring interaction and critical comments; specialized bibliography by themes.
Cycle and year of study:	> Master [120] in Psychology > Master [120] in Sciences of Religions
Faculty or entity in charge:	PSP