

3.0 credits

30.0 h

1q

Teacher(s) :	Lories Guy ; De Volder Anne ;
Language :	Français
Place of the course	Louvain-la-Neuve
Main themes :	Origins and the basics of contemporary psychology. Basic concepts : motivation, emotion, learning, perception, attention, memory. cognitive processes, personality- The main conceptions of cognitive development and of human behavior determinants. - The main practices in psychotherapy, the theories and results they rely on, their application to psychic disorders and their evaluation.
Aims :	At the end of the course, the student should know the basics of psychology to explain human action. He should understand the main concepts and the major psychological theories useful for practice of physical education and rehabilitation practices. <i>The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".</i>
Content :	1. Definition of psychology and related domains, history and methodology. Perception and attention. 2. Principles of learning and behavior modification. Memory, decision processes and problem solving. 3. Health psychology , socio-cognitive models, stress and health behaviour. 4. Developmental psychology. 5. Social determinants of human behaviour, (obedience, aggression). 6. Mental disorders and the definition of pathological behaviour. 7. Psychotherapy and their assessment (theoretical and empirical foundations, assessment of effectiveness, the Placebo and non-specific effects, and the concept of "Evidence-Based-Medicine")
Other infos :	Pre-requisite : none Evaluation : Written evaluation Support : Icampus or similar, syllabus and/or textbook(s) Supervision : Titulars
Cycle and year of study :	> Preparatory year for Master in Family and Sexuality Studies > Preparatory year for Master in Public Health > Bachelor in Motor skills : General > Bachelor in Physiotherapy and Rehabilitation
Faculty or entity in charge:	FSM