

Sports Acrobatics

2.0 credits	30.0 h	1q

Teacher(s):	De Jaeger Dominique ;
Language :	Français
Place of the course	Louvain-la-Neuve
Main themes :	The main theme is acrobatic sports with partners. Basic static and dynamic techniques for pairs and for groups will be taught. Applications within school education will be discussed.
Aims :	At the end of the course the successful student will have acquired technical and didactical skills in acrobatic sports. The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".
Content :	Content includes: Static techniques (equilibrium on a partner's knees or shoulders) in pairs and in groups. Dynamic techniques (projection /throwing) in pairs and in groups. Collective warm-ups, suited for a school educational framework. Method: Teaching methods will encourage the development of - cooperation within partners and groups; - safety through accurate and proper technical postures and assistance techniques; - didactic skills; - creativity through the production of collective novel situations.
Other infos :	Pre-requisite : Courses of the bachelor program Evaluation : Continuous, written works Supervision : Titular, assistant and technical adviser
Cycle and year of study :	> Master [60] in Motor Skills: Physical Education > Master [120] in Motor Skills: Physical Education
Faculty or entity in charge:	FSM