

4.0 credits	30.0 h	2q
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Teacher(s) :	Luminet Olivier ; Van den Broucke Stephan ;
Language :	Français
Place of the course	Louvain-la-Neuve
Main themes :	<p>The course is organized on the so-called "bio-psycho-social model". The main concepts in the following areas are introduced:</p> <p>a) "antecedents" : stress-trauma-emotions; personality-temperament; biology-genetics basis ; psychosocial-demographic factors b) "mediators and moderators" : social support; coping strategies; perception of emotional situations c) "issues, criteria, results" : mental, physical, social health; quality of life; subjective well-being d) "prevention, intervention, remediation" : professional social support; assessment of interventions</p> <p>The concepts are illustrated with many different examples and "clinical" situations and lead on to topics covered in the "Clinical interventions 1 and 2" course. Clinicians-researchers are invited to discuss specific topics and to create closer ties with the professional field.</p>
Aims :	<p>The course is designed to familiarize students with the basic notions in health psychology in the widest sense: it therefore includes clinical psychology and psychopathology and illustrates how these concepts are used in the analysis of clinical situations.</p> <p><i>The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".</i></p>
Content :	<p>The course is designed to familiarize students with the basic notions in health psychology in the widest sense: it therefore includes clinical psychology and psychopathology and illustrates how these concepts are used in the analysis of clinical situations.</p> <p>The course is organized on the so-called "bio-psycho-social model". The main concepts in the following areas are introduced:</p> <p>a) "antecedents" : stress-trauma-emotions; personality-temperament; biology-genetics basis ; psychosocial-demographic factors b) "mediators and moderators" : social support; coping strategies; perception of emotional situations c) "issues, criteria, results" : mental, physical, social health; quality of life; subjective well-being d) "prevention, intervention, remediation" : professional social support; assessment of interventions</p> <p>The concepts are illustrated with many different examples and "clinical" situations and lead on to topics covered in the "Clinical interventions 1 and 2" course. Clinicians-researchers are invited to discuss specific topics and to create closer ties with the professional field.</p>
Cycle and year of study :	<p>> Preparatory year for Master in Psychology > Preparatory year for Master in Family and Sexuality Studies</p>
Faculty or entity in charge:	PSP