

13.0 credits

0 h + 60.0 h

1+2q

Teacher(s) :	Carlier Ghislain ;
Language :	Français
Place of the course	Louvain-la-Neuve
Main themes :	<p>In conjunction with these principles (part 2) will be initiated in the early stages of the indoor climbing techniques essential safety, knots, roping, belaying, self-belaying, progression in head rope, relays, rappelling descent, technical clearance and emergency basis.</p> <p>In addition, he has practiced these techniques in natural sites, blocks or cliffs.</p> <p>It will:</p> <p>geography of the main sites of Wallonia, the geological, ecological and climatic condition the practice of climbing;</p> <p>the regulations relating to the practice group (degrees of difficulty, CAB, Patents, responsibilities, chains of relief ...);</p> <p>teaching progressions for teaching school and cliff.</p>
Aims :	<p>This body of teaching is organized into two complementary parts: (1) audacity safe or "safe gymnastics" (2) escalation.</p> <p>After the "security exercise", the student will have experienced a large variety of tasks using the basic coordination in situations of high and deep.</p> <p>He will be aware of the educational approach inherent in this discipline: individual growth, enhancing the success of operating challenges, primacy to individual and collective security.</p> <p><i>The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".</i></p>
Content :	<p>This course aims to equip students with skills related to the indoor climbing cliff then.</p> <p>It begins with a fundamental work on skills related to the daring safe. It is followed by an introduction to the elements of the climbing room. It concludes with two trips cliff. Students spend the patent CATGSAE during training.</p> <p>The evaluation focuses on the verification of security features, mastering skills of climbing and belaying as well as carrying out work related to a theme close to the issue addressed.</p>
Other infos :	<p>Prerequisite: Support for the training of Tray 1 and 2</p> <p>Rating: Continue and / or final practice with the possibility of interrogation (s) and / or a final exam to check the acquisition of knowledge associated with practice.</p> <p>Format: Folder Course</p> <p>Framing: Holder (s), counselor (s) technique (s) and / or assistant (s) possibly assisted by student monitors.</p>
Cycle and year of study :	> Bachelor in Motor skills : General
Faculty or entity in charge:	FSM