

2.0 credits	0 h + 30.0 h	1q
-------------	--------------	----

Teacher(s) :	Gérard Philippe ; Marique Thierry (coordinator) ;
Language :	Français
Place of the course	Louvain-la-Neuve
Main themes :	<p>In order to achieve the stated objectives, the course activities will be varied and diverse to permit experimentation and evaluation of fundamental motor skills of ball sports :</p> <ul style="list-style-type: none"> <li>- Handling and controlling a variety of balls with different parts of the body in individual situations, with a partner and/or against an opponent (protecting the ball / maintaining possession)</li> <li>- Catching, throwing, passing, pushing, dribbling the ball with a partner and/or against an opponent.</li> <li>- Correctly perceiving the trajectory of a ball and adjusting one's position to intercede with the flight of the ball (i.e. catching the ball while running).</li> <li>- Exercises in perception and adaptation.</li> </ul>
Aims :	<p>By the end of this course, the student will have performed motor and psycho-motor skills related to team sports (ball sports) : catching, throwing, passing, hitting, pushing, dribbling various types of balls while either stationary or moving and perception and adaptation of ball movements.</p> <p>The student will perfect these actions in simple situations and will be able to apply them to a variety of collective disciplines.</p> <p><i>The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".</i></p>
Content :	Will be completed later
Other infos :	<p>Pré-requis</p> <p>Evaluation Continual and/or final practical evaluation with the possibility of a final exam to ensure that theoretical understanding has taken place.</p> <p>Support Course notes</p> <p>Encadrement Professor, instructor, teacher assistants.</p> <p>Autres</p>
Cycle and year of study :	<a href="#">&gt; Bachelor in Motor skills : General</a>
Faculty or entity in charge:	FSM