

## **LKINE1025**

2010-2011

## Physical activities and sports

2.0 credits	0 h + 30.0 h	1+2q

Teacher(s):	Marique Thierry ;
Language :	Français
Place of the course	Louvain-la-Neuve
Main themes :	The course content is designed to - improve the student's body awareness and individual motor skills with and without instruments and partners - improve the students motor skills in different sport activities
Aims :	At the end of the course the successful student will be able to understand and control different aspects related to movement within the disciplines of physical education and sports. He/she will be able to analyse a motor activity with respect to different dimensions, such as bioenergetics, psychomotor and social aspects as well as biomechanics. The course will be centered around the possible adaptations to populations with special needs.  The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".
Content :	15 hours of sporting practice to orientation Basketball and 15 hours with orientation Volley ball: Ø Découverte and comprehension of the discipline in its constraints and requirements driving and physics Ø Compréhension and experimentation of the necessary driving adaptations Ø Analyse of the driving tasks as well driving skills as cognitive
Other infos :	Pre-requisite Basic psychomotor skills Evaluation Continuous evaluation Support Syllabus Supervision Titular professor Others
Cycle and year of study:	> Bachelor in Physiotherapy and Rehabilitation
Faculty or entity in charge:	FSM