

LEDPH1045

2010-2011

Teachings methods for acrobatic sports

3.0 credits	0 h + 37.5 h	1+2q

Teacher(s) :	De Jaeger Dominique ;
Language :	Français
Place of the course	Louvain-la-Neuve
Main themes :	1. Acrobatic sports: specificity and institutional framework. 2. Teaching gymnastics and acrobatic sports: a. goals and specific content, b. physical, technical and psychological components as well as production in educational situations, c. formulation of instructions, d. behavior observation, error detection and correction. 3. Use of elastic equipment (trampoline, fast track) in the framework of teaching gymnastics and acrobatic sports.
Aims :	After this educational entity, the student will be able to exploit the specificities of the disciplines of freestyle movement to initiate, in a safe, a group of practitioners with this type of body control in space. In addition, the student will continue his personal training and control a series of fundamental praxis of gymnastics and sports acrobatics. The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit".
Content :	Method: Didactic goals will be achieved in the classroom and the gymnasium through various teaching methods including video recording and analysis, observations in the field, project-oriented teaching, solution research and creativity expression.
	Physical and technical situations will be emphasized in order to facilitate the learning of acrobatic skills.
	Content: Prerequisite skills in the didactic approach (from EDPH1025 Gymnastics and acrobatic sports) will first be tested, then new skills will be developed.
Other infos :	Prerequisite: Gymnastics and Sports Acrobatics Evaluation:: Continue and / or final practice with the possibility of interrogation (s) and / or a final exam to check the acquisition of knowledge associated with practice. Suport: Folder Course Framing: Holder (s), counselor (s) technique (s) and / or assistant (s) possibly assisted by student monitors.
Cycle and year of study :	> Bachelor in Motor skills : General
Faculty or entity in charge:	FSM