

LPSYM2332

2012-2013

Work and well-being: psychosocial dimensions

| 6.0 credits | 60.0 h | 2q |
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| Teacher(s): | Desmette Donatienne ; Herman Ginette ; |
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| Language : | Français |
| Place of the course | Louvain-la-Neuve |
| Main themes : | The course is organized in four parts. The first part is about the critical analysis of the theories about well-being applied to the sphere of work and socioprofesional integration. These theories result from the field of organizational psychology and social psychology of work. The second part will analyze the weighs of working conditions, in a multidimensional perspective which will integrate cognitive (e.g. perception of the situation), motivational (e.g. self-esteem) and social (e.g. social interactions and intergroups reltions) processes. The third part will develop questions on prevention and intervention, as well as the tools of measures evaluation. Eventually, the fourth part will be devoted to specific questions, dealing with, for instance, harassment, unemployment effects, work access for persons potentially discriminated (foreigners, women, aged workers, .), maintenance of employed people and the career developments of these persons, alcoholism at work, night work, interim period |
| Aims : | The course aims at allowing the students to develop the competences in controlling concepts, critical analysis and application of these concepts. Through the presentation of theoretical and empirical aspects related to links between work and well-being, the course will help the students to analyze the working conditions which have an influence on the mental health of individuals. They will identify the psychological and psychosocial processes which intervene in this relation. The course will also look at it that the students apply the knowledge acquired in a real and given work situation. Finally, it will give students the tools of critical reflection with regard to the problematic of the connection between society, work, socioprofessional integration and well-being. The contribution of this Teaching Unit to the development and command of the skills and learning outcomes of the programme(s) can be accessed at the end of this sheet, in the section entitled "Programmes/courses offering this Teaching Unit". |
| Content: | The course aims at allowing the students to develop the competences in controlling concepts, critical analysis and application of these concepts. Through the presentation of theoretical and empirical aspects related to links between work and well-being, the course will help the students to analyze the working conditions which have an influence on the mental health of individuals. They will identify the psychological and psychosocial processes which intervene in this relation. The course will also look at it that the students apply the knowledge acquired in a real and given work situation. Finally, it will give students the tools of critical reflection with regard to the problematic of the connection between society, work, socioprofessional integration and well-being. The course is organized in four parts. The first part is about the critical analysis of the theories about well-being applied to the sphere of work and socioprofessional integration. These theories result from the field of organizational psychology and social psychology of work. The second part will analyze the weighs of working conditions, in a multidimensional perspective which will integrate cognitive (e.g. perception of the situation), motivational (e.g. self-esteem) and social (e.g. social interactions and intergroups reltions) processes. The third part will develop questions on prevention and intervention, as well as the tools of measures evaluation. Eventually, the fourth part will be devoted to specific questions, dealing with, for instance, harassment, unemployment effects, work access for persons potentially discriminated (foreigners, women, aged workers, .), maintenance of employed people and the career developments of these persons, alcoholism at work, night work, interim period |
| Cycle and year of study: | > Master [120] in Psychology > Master [120] in Human Resources Management |
| Faculty or entity in charge: | PSP |